

# UNIVERSITY COLLEGE MANGALORE

ವಿಶ್ವವಿದ್ಯಾನಿಲಯ ಕಾಲೇಜು ಮಂಗಳೂರು

A Constituent College of Mangalore University

(Reaccredited by NAAC with 'A' Grade and College with Potential for Excellence)

Office of the Principal,  
U.P. Malya Road, Hampanakatta  
Mangalore 575 001



ಪ್ರಾಂಶುಪಾಲಕ ಕಛೇರಿ,  
ಯು.ಪಿ. ಮಲ್ಯ ರಸ್ತೆ, ಹಂಪನಕಟ್ಟೆ  
ಮಂಗಳೂರು 575 001

Email: [ucmangalore1@gmail.com](mailto:ucmangalore1@gmail.com)

Phone No: 0824 2424760

Website: <https://universitycollegemangalore.co>

## Criteria 7- Institutional Values and Best Practices

Key Indicator- 7.1 Institutional Values and Social Responsibilities.

(GENDER EQUITY)

7.1.1. (Q<sub>L</sub>M): Measures initiated by the Institution for the promotion of  
gender equity during the last five years

List of gender equity and sensitization initiatives through specific facilities  
provided for women

List of supporting enclosures

Sl. No.	Particulars
1.	Documents in support of specific facilities provided for women A. Safety and Security B. Counseling C. Common Rooms

Principal

University College Mangalore  
PRINCIPAL

University College, Mangalore

## **A: SAFETY AND SECURITY**

SPARSH	<a href="https://universitycollegemangalore.com/wp-content/uploads/2021/08/SPARSH-COMMITTEE.pdf">https://universitycollegemangalore.com/wp-content/uploads/2021/08/SPARSH-COMMITTEE.pdf</a>
WOMEN CELL	<a href="https://universitycollegemangalore.com/wp-content/uploads/2022/05/Women-Cell.pdf">https://universitycollegemangalore.com/wp-content/uploads/2022/05/Women-Cell.pdf</a>
ICC	<a href="https://universitycollegemangalore.com/wp-content/uploads/2021/08/Internal-Complaints-Committee.pdf">https://universitycollegemangalore.com/wp-content/uploads/2021/08/Internal-Complaints-Committee.pdf</a>
ANTI-RAGGING	<a href="https://universitycollegemangalore.com/wp-content/uploads/2021/11/Anti-Ragging-Committee1.pdf">https://universitycollegemangalore.com/wp-content/uploads/2021/11/Anti-Ragging-Committee1.pdf</a>
DISCIPLINE COMMITTEE	<a href="https://universitycollegemangalore.com/wp-content/uploads/2022/06/DISCIPLINE-COMMITTEE.pdf">https://universitycollegemangalore.com/wp-content/uploads/2022/06/DISCIPLINE-COMMITTEE.pdf</a>

**Safety and Security through C C TV Surveillance inside the Campus**

**CC Camera - Class Rooms**



**CC Camera Towards the Back Gate -Playground**



**CC Camera -Corridor**



**CC Camera Science Block**



**CC Camera Commerce Block**



**CC Camera Dayananda Pai Block**



**CC Tv Screens Principal Chamber**





*Security Personnel*



## Anti-Ragging Affidavit

**ANNEXURE I  
AFFIDAVIT BY THE STUDENT**

I, **Sushantha P** (full name of student with complete full name) have been admitted to **B.Com. 'B'** (name of the institution) located in **Hampanakatte, Mangaluru - 1** (name of the institution) under the Ministry of Higher Education, Government of Karnataka, India (hereinafter referred to as "the Institution") and I have undertaken the regulations contained in the said Regulations.

I have in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging. I have also in particular, perused clause 2 and clause 11 of the Regulations and am fully aware of the legal and administrative action that is liable to be taken against me in case I am found guilty of or abetted ragging or being part of a conspiracy to promote ragging.

I hereby solemnly swear and undertake that I will not engage in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.

I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.

I solemnly affirm that, if found guilty of ragging, I am liable for punishment according to clause 9 of the Regulations, which includes to any other criminal action that may be taken against me, which may include but not limited to the following:

I hereby declare that I have not been expelled or debarred from admission in any institution in any country or being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further at this time, along with the above mentioned points I do hereby declare that I will be solely responsible for any kind of accident/injury caused on account of the above mentioned clause 3 of the Regulations.

Dated this 29th day of May month of 2018 year.

Signature of student  
**Sushantha P**

**VERIFICATION**

I declare that the contents of this affidavit are true to the best of my knowledge and are part of the affidavit and nothing has been concealed or misstated therein.

Verified at \_\_\_\_\_ (place) on this the \_\_\_\_\_ (date) of \_\_\_\_\_ (month), \_\_\_\_\_ (year).

Signature of deponent  
\_\_\_\_\_

OATH COMMISSIONER

Note: It is mandatory to submit this affidavit in the above format if you desire to receive an e-fee certificate according to the regulation.

**ANNEXURE II  
AFFIDAVIT BY PARENT/GUARDIAN**

I, **Sushantha P** (full name of student with complete full name) have been admitted to **B.Com. 'B'** (name of the institution) located in **Hampanakatte, Mangaluru - 1** (name of the institution) under the Ministry of Higher Education, Government of Karnataka, India (hereinafter referred to as "the Institution") and I have undertaken the regulations contained in the said Regulations.

I have in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging. I have also in particular, perused clause 2 and clause 11 of the Regulations and am fully aware of the legal and administrative action that is liable to be taken against my child in case he/she is found guilty of or abetted ragging, abetting or being part of a conspiracy to promote ragging.

I hereby solemnly swear and undertake that I will not engage in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.

I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.

I solemnly affirm that, if found guilty of ragging, my child is liable for punishment according to clause 9 of the Regulations, which includes to any other criminal action that may be taken against my child which may include but not limited to the following:

I hereby declare that my child has not been expelled or debarred from admission in any institution in any country or being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further at this time, along with the above mentioned points I do hereby declare that I will be solely responsible for any kind of accident/injury caused on account of the above mentioned clause 3 of the Regulations.

I hereby affirm that, if found guilty of ragging, my child is liable for punishment according to clause 9 of the Regulations, which includes to any other criminal action that may be taken against my child which may include but not limited to the following:

I hereby declare that my child has not been expelled or debarred from admission in any institution in any country or being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further at this time, along with the above mentioned points I do hereby declare that I will be solely responsible for any kind of accident/injury caused on account of the above mentioned clause 3 of the Regulations.

Dated this 29th day of May month of 2018 year.

Signature of deponent  
**Sushantha P**

**VERIFICATION**

I declare that the contents of this affidavit are true to the best of my knowledge and are part of the affidavit and nothing has been concealed or misstated therein.

Verified at \_\_\_\_\_ (place) on this the \_\_\_\_\_ (date) of \_\_\_\_\_ (month), \_\_\_\_\_ (year).

Signature of deponent  
\_\_\_\_\_

OATH COMMISSIONER

Note: It is mandatory to submit this affidavit in the above format if you desire to receive an e-fee certificate according to the regulation.

## Student Identity Card

**MANGALORE UNIVERSITY**  
**UNIVERSITY COLLEGE**  
**Hampanakatte, Mangaluru - 1**  
**TEL: 0824 2424760**

**STUDENT IDENTITY CARD**



**BHAVISHYA J. SHETTY**

**Reg. No. : 201081533175**

**Degree/Section : B.Com. 'B'**

**Admn. No. : 58**

**Combination :**

**Valid till completion of Degree**

51

Ananya  
Principal

**Blood Group : A+**

**Date of Admn. : 18.08.2020**

**Contact No. : 7303712109**


**Address: Kalyani Kripa, Sudarshan Nagar, Phajeer Post & Village, Bantwal**

*B J Shetty*

Student's Signature

- Student should wear this card inside the college campus.
- It is valid so long as the holder is the student in the institution.
- This card should be produced as & when required by the authorities.

**If this card is found, please return it to the Principal, University College, Hampanakatte, Mangaluru - 575 001**





## **B: COUNSELLING**



## **MAMATHA ACHAR – THE COUNSELLOR ADDRESSING THE STUDENTS**

### **\*Manage yourself, not the stress: Mamatha Achar\***

Mangalore: If we manage ourselves properly, there is no question of 'stress management', said Counsellor Mamatha Achar. She addressed first year Under Graduate students at Ravindra Kalabhavana of University College Mangaluru, recently.

Stress can be avoided by good air through Pranayama, enough water, healthy food, walk, meditation, time management, connecting with good old friends and with hobbies. "Mind should be like flowing water. Avoid negativity. Don't complain always. Be happy and confident everyday as you are blessed with another day," she said.

She agreed that there is lack of awareness about counselling. "It is talking therapy. Here we maintain all your secrecy and give suggestions which may be helpful. Counselling and psychological intervention go hand in hand," she added. Dr. Anasuya Rai was present. Head of the Political Science Department Dr. Latha A. Pandit mastered the ceremony and Pavithra extended vote of thanks.

  
PRINCIPAL  
University College, Mangaluru

**C: COMMON ROOM**

