

UNIVERSITY COLLEGE MANGALORE

ವಿಶ್ವವಿದ್ಯಾನಿಲಯಕಾಲೇಜು ಮಂಗಳೂರು

A Constituent College of Mangalore University

(Reaccredited by NAAC with 'A' Grade and College with Potential for Excellence)

Office of the Principal,
U.P. Malya Road, Hampanakatta
Mangalore 575 001



ಪ್ರಾಂಶುಪಾಲಕಛೇರಿ,
ಯು.ಪಿ. ಮಲ್ಯಾರಸ್ತೆ, ಹಂಪನಕಟ್ಟ
ಮಂಗಳೂರು 575 001

Email: ucmangalore1@gmail.com Phone No: 0824 2424760 website: <https://universitycollegemangalore.com>

Criterion 7: Institutional Values and best Practices

Key Indicator - 7.1 Institutional Values and Social Responsibilities

Gender Equity

Metric 7.1.1. (QnM): Measures initiated by the Institution for the promotion of gender equity during the year.

List of supporting enclosures

| Sl. No. | Particulars |
|---------|--|
| 1. | Documents in support of specific facilities provided for women |
| 2. | Annual Gender Sensitization Action Plan |
| 3. | Annual Gender Sensitization -Minutes of the meeting |
| 4. | Gender Equity Promotion Programmes |
| 5. | Other supporting documents |


IOAC Coordinator
University College, Mangalore


Principal
PRINCIPAL
University College, Mangalore

A: SAFETY AND SECURITY

| | |
|----------------------|---|
| SPARSH | https://universitycollegemangalore.com/wp-content/uploads/2021/08/SPARSH-COMMITTEE.pdf |
| WOMEN CELL | https://universitycollegemangalore.com/wp-content/uploads/2022/05/Women-Cell.pdf |
| ICC | https://universitycollegemangalore.com/wp-content/uploads/2021/08/Internal-Complaints-Committee.pdf |
| ANTI-RAGGING | https://universitycollegemangalore.com/wp-content/uploads/2021/11/Anti-Ragging-Committee1.pdf |
| DISCIPLINE COMMITTEE | https://universitycollegemangalore.com/wp-content/uploads/2022/06/DISCIPLINE-COMMITTEE.pdf |

Safety and Security through C C TV Surveillance inside the Campus

CC Camera - Class Rooms



CC Camera Towards the Back Gate -Playground



CC Camera -Corridor



CC Camera Science Block



CC Camera Commerce Block



CC Camera Dayananda Pai Block



CC Tv Screens Principal Chamber





Security Personnel



Anti-Ragging Affidavit

**ANNEXURE I
AFFIDAVIT BY THE STUDENT**

I, **Sushantha P** (full name of student with complete full name) have been admitted to **B.Com. 'B'** (name of the institution) located in **Hampanakatte, Mangaluru** (name of the institution) under the Ministry of Higher Education, Government of Karnataka, and I have solemnly and fully undertaken the regulations contained in the said Regulations.

I have in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging. I have also in particular, perused clause 2 and clause 11 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetted ragging or being part of a conspiracy to promote ragging.

I hereby solemnly swear and undertake that I will not engage in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.

I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.

I solemnly affirm that, if found guilty of ragging, I am liable for punishment according to clause 9 of the Regulations, which penalty to any other external action that may be taken against me, shall not be taken into account.

I hereby declare that I have not been expelled or debarred from admission in any institution in any course of study or being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further that along with the above mentioned points I do hereby declare that I will abide by the code of conduct of the institution and its not liable in any kind of malpractices or any kind of accident or off the institution campus.

I will be solely responsible for any kind of accident or mishap caused on account of the above mentioned clause of it.

Dated this 29th day of May month of 2018 year.

Signature of student
Sushantha P

VERIFICATION

I declare that the contents of this affidavit are true to the best of my knowledge and as part of the affidavit I have not received any consideration or monetary benefits.

Verified at _____ (place) on this the _____ (date) of _____ (month), _____ (year).

Signature of depositor

WITNESSES

I do hereby declare that I have not received any consideration or monetary benefits on account of the above mentioned clause of it.

**ANNEXURE II
AFFIDAVIT BY PARENT/GUARDIAN**

I, **Sushantha P** (full name of student with complete full name) have been admitted to **B.Com. 'B'** (name of the institution) located in **Hampanakatte, Mangaluru** (name of the institution) under the Ministry of Higher Education, Government of Karnataka, and I have solemnly and fully undertaken the provisions contained in the said Regulations.

I have in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging. I have also in particular, perused clause 2 and clause 11 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetted ragging, or being part of a conspiracy to promote ragging.

I hereby solemnly swear and undertake that I will not engage in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.

I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.

I solemnly affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9 of the Regulations, which penalty to any other external action that may be taken against my ward shall not be taken into account.

I hereby declare that my ward has not been expelled or debarred from admission in any institution in any course of study or being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further that along with the above mentioned points I do hereby declare that I will abide by the code of conduct of the institution and its not liable in any kind of malpractices or any kind of accident or off the institution campus.

I will be solely responsible for any kind of accident or mishap caused on account of the above mentioned clause of it.

Dated this 29th day of May month of 2018 year.

Signature of depositor
Sushantha P

VERIFICATION

I declare that the contents of this affidavit are true to the best of my knowledge and as part of the affidavit I have not received any consideration or monetary benefits.

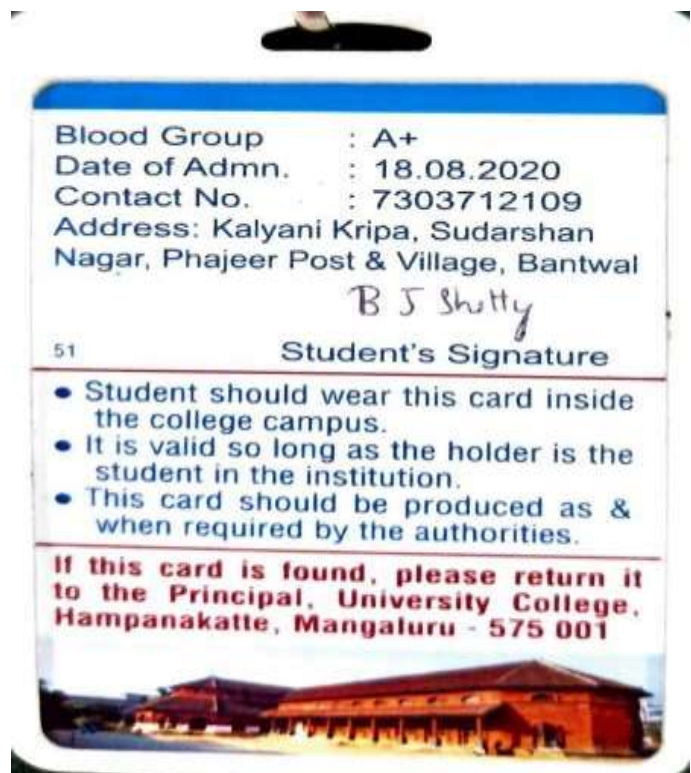
Verified at _____ (place) on this the _____ (date) of _____ (month), _____ (year).

Signature of depositor

WITNESSES

I do hereby declare that I have not received any consideration or monetary benefits on account of the above mentioned clause of it.

Student Identity Card



B: COUNSELLING



MAMATHA ACHAR – THE COUNSELLOR ADDRESSING THE STUDENTS

Manage yourself, not the stress: Mamatha Achar

Mangalore: If we manage ourselves properly, there is no question of 'stress management', said Counsellor Mamatha Achar. She addressed first year Under Graduate students at Ravindra Kalabhavana of University College Mangaluru, recently.

Stress can be avoided by good air through Pranayama, enough water, healthy food, walk, meditation, time management, connecting with good old friends and with hobbies. "Mind should be like flowing water. Avoid negativity. Don't complain always. Be happy and confident everyday as you are blessed with another day," she said.

She agreed that there is lack of awareness about counselling. "It is talking therapy. Here we maintain all your secrecy and give suggestions which may be helpful. Counselling and psychological intervention go hand in hand," she added. Dr. Anasuya Rai was present. Head of the Political Science Department Dr. Latha A. Pandit mastered the ceremony and Pavithra extended vote of thanks.


PRINCIPAL
University College, Mangaluru

C: COMMON ROOM

